



## Wisconsin Women's Health Foundation's 2010 Champion in Women's Health Award Recipients



### **Excellence in the area of Cancer**

#### ***Ann B. Nattinger, MD, MPH – Lady Riders of Breast Cancer Research and Chief of General Internal Medicine, Medical College of Wisconsin***

As the first Lady Riders Professor of Breast Cancer Research at the Medical College of Wisconsin, Ann B. Nattinger, MD, MPH, is a nationally recognized cancer health services researcher. Her extensive research work includes studying treatment of breast cancer patients, therapy treatment options, physician communication with patients, the utilization of screening tests where she developed strategies that practitioners can use to improve the use of screening mammography by their patients, and the development and use of videotapes of aiding patients in medical decision making. Dr. Nattinger's research activities are focused on women's health, and she is one of five women in academic medicine nationally who are looked to as experts in her field. As an exceptional mentor, especially to women trainees and faculty to assist them with developing women's cancer research, we're pleased to name Ann B. Nattinger, as this year's Champion in Women's Health for excellence in the area of cancer.



### **Excellence in the area of General Women's Health – Rising Star**

#### ***Sara Finger-Warmuth – Executive Director, Wisconsin Alliance for Women's Health***

Through Sara Finger-Warmuth's leadership, the Wisconsin Alliance for Women's Health has been established as a trusted women's health policy leader in Wisconsin. Sara is a tireless leader in creating opportunities to educate and empower the women of Wisconsin to become their own best health advocates. In addition to building a diverse coalition of 30+ organizations and 75+ individuals devoted to improving the health of Wisconsin women, Sara has developed and distributed more than 15,000 "Wisconsin Women's Health Guides" in both English and Spanish; built a strong alliance around the Compassionate Care for Rape Victims legislation; established the Raising Wisconsin Women's Voice campaign; organized the Health Professional for Reproductive Care (HPRC) group, created a comprehensive online home for Wisconsin women's health policy resources; and, organized a Wisconsin Women's Health Policy Conference this year. For her work in engaging, educating, empowering and mobilizing individuals and organizations, we recognize Sara Finger-Warmuth as Champions in Women's Health - Rising Star for excellence in the area of general women's health.



### **Excellence in the area of General Women's Health**

#### ***Susan R. Davidson, MD – Director of Perinatology, St. Mary's Hospital Perinatologist, Dean Clinics***

As a perinatologist, Dr. Susan Davidson has dedicated her career to improving the health of area women and their newborns. She founded the Perinatal Clinic at St. Mary's Hospital in Madison 17 years ago, because she recognized that their Birth Center program was incomplete without expanded services for women with at-risk pregnancies. Dr. Davidson has further continued her compassionate care for new mothers and babies through projects in the community to enhance women's health. Most recently, she took an active role in the Robert Wood Johnson Health and Scholar Project studying how to expand improved birth outcomes for African American women in Dane County to other areas. She is also helping to plan the emerging Dean & St. Mary's Women and Children's Comprehensive Clinical Center, providing coordinated and holistic health care for women and children throughout their lifespan. This Center will yield greater awareness and ease of access for patients, reduce variability among care providers and create a healthier population of women and children. For her work with women and families, particularly for the underserved, we name Dr. Susan R. Davidson a Champion in Women's health for excellence in the area of general women's health.



**Excellence in the area of General Women’s Health – Lifetime Achievement Award**  
***Gloria Sarto, MD – Professor Emeritus, Obstetrics & Gynecology, UW School of Medicine and Public Health***

Women nationwide owe Dr. Sarto a debt of gratitude. As the first female OB/GYN resident at the UW-Madison, she was the first to do amniocentesis with genetic testing, now a commonly performed procedure. Dr. Sarto has championed the health of women in innumerable ways. She practiced “patient-centered” care before there was even a word for it. She was one of the founding members of the Society for Women’s Health Research. In 1989, this Society convinced the Congressional caucus on Women’s Issues to instruct the Government Accounting Office to have the National Institutes of Health (NIH) review its funding for clinical research by gender. The resulting report found that only 9% of the budget for clinical research was set aside to study diseases unique to, or more common in, women. This report eventually resulted in the formation of the Office of Research on Women’s Health which was established in the NIH Congressional mandate. In 2003, Dr. Sarto was elected the President of the American Gynecological and Obstetrical Society, the most prestigious national research organization in its field. She was the first woman president since its inception over 100 years ago. As a physician, department chair, national researcher, mentor, and national voice for women’s health, we’re honored to present Dr. Gloria Sarto with the Lifetime Achievement Award recipient for excellence in the area of general women’s health.



**Excellence in the area of Mental Health**  
***Robyn Husa – Executive Director, NORMAL in Schools***

Robyn Husa left a promising theatre career in New York to found NORMAL in Schools (NIS). NIS is a nonprofit arts-and-education organization in Wisconsin that teaches about the devastating impact of eating disorders and the therapeutic impact of theatre, while exploring related issues such as body image, self esteem, family communication and stress management. Through the rock musical NOR•MAL, her program is directed towards and benefits college, high school, middle school students, and their parents and other family members. After each performance, a post-show talkback consisting of a panel of women in recovery and professionals who treat eating disorders, takes place. Robyn is a licensed yoga instructor working primarily at eating disorder treatment facilities where she uses yoga in the treatment of patients, many of whom suffer from the stress-producing belief in the need for perfection and have unrealistic expectations of their bodies. For her unique and effective way to promote healing from eating disorders, we congratulate Robyn Huss for receiving the Champion in Women’s Health Award for excellence in the area of mental health.



**Excellence in the area of Rural Women’s Health**  
***Myron Gadke – Manager, Mobile Health Screening, Marshfield Clinic***

As manager of Mobile Health Screening at Marshfield Clinic, Myron Gadke not only offers mammography screening and bone density mineral analysis to Wisconsin women, but also provides education and coordinates care and referrals for treatment. The mobile unit brings high quality care and services to women who may not be able to travel to or do not have access to needed services, which is especially an issue in rural Wisconsin. It has provided screening mammography to nearly 5,000 women per year in 36 communities. Over the last year, 37 breast cancers have been diagnosed and referred for timely treatment. The dedication of Myron and his staff, along with their endless mission of providing quality and convenient care has made this program so successful that both mobile units are booked every day of the year. He is in the planning stages of implementing primary care in the mobile setting in the very near future. For his exemplary leadership with developing and leading Mobile Health Services, and increasing breast cancer awareness to Wisconsin women, we name Myron Gadke a Champion in Women’s Health for excellence in the area of rural women’s health.



**Excellence in the area of Rural Women’s Health**

***Jeanette Olsen, MSN, BSN, RN – Healthier Cumberland Project Director***

Jeanette Olsen is a founding member and Project Director of the Healthier Cumberland Coalition (HCC), a grassroots volunteer community partnership, founded in 2004, with representatives from business, school, health care providers, churches and citizens. HCC recognized increasing obesity in school-age children and challenges for women and families in choosing healthy lifestyles. Under her leadership, HCC implemented community campaigns to increase physical activity and health nutrition; provided health screenings and education programming for community members; and led school interventions to promote healthy lifestyle choices for school-aged children. For her exemplary leadership and achieving incredible project outcomes, we recognize Jeanette Olsen as a Champion in Women’s Health for excellence in the area of rural women’s health.



**Excellence in Research & Policy in the area of Alcohol & Tobacco Cessation**

***Theresa Guilbert, MD, MS – Assistant Professor of Pediatrics, UW School of Medicine and Public Health***

Dr. Theresa Guilbert, a pediatric pulmonologist at the UW American Family Children’s Hospital has helped make Monona, WI a smoke free community. In April 2008, Monona considered an ordinance to make all businesses, restaurants and bars in Monona smoke free; however, Dr. Guilbert noticed that the ad hoc committee formed to review the issue did not have healthcare professionals on it. After attending their meetings, and after the ad hoc committee voted to push the ordinance back to the end of 2011, Dr. Guilbert formed a grassroots organization called Breathe Free Monona. Their mission was to educate Monona residents about the proposed ordinance and to collect signatures to place a smoke free ordinance on the ballot for November of 2008, much earlier than the suggested 2011 timeline. Breathe Free Monona collected more than 1,000 signatures in support of placing a smoke free ordinance referendum on the November ballot. And on June 2, 2008, the city council passed a smoke free referendum to make Monona smoke free on June 1, 2009. For her work in improving the health of smokers and non-smokers, we congratulate Dr. Theresa Guilbert as a Champion in Women’s health for excellence in research and policy in the area of alcohol and tobacco cessation.