

Home Health Checklist

Here's a checklist of some common symptoms that arise in pets. If yours has any of them, note them in this booklet and take it with your pet to your vet.

Symptoms of Illness

Loss of appetite
Diarrhea or loose stool
Excessive thirst/urination
Urinary incontinence
Difficult or painful urination
Vomiting
Blood in urine
Blood in stool
Fever
Shaking or shivering
Gastrointestinal bleeding
Weakness/lethargy
Aggression
Coughing persistently
Fainting/collapsing
Trouble swallowing
Excessive salivation
Restlessness and pacing
Sneezing
Seizures
Weight loss
Labored breathing/breathing problems
Bloating abdomen



An adult Pomeranian.

Training basics• It's a good idea to read a few reputable dog-training books in order to understand more than one perspective on dog behavior and training techniques.
• A wide range of training classes and methods are available, so it's important to do your homework in order to find the suitable method based on your dog's temperament.

- Start training classes at home, in an obedience class, or with a private trainer after you've lived together for two weeks or longer.
- Bring a sense of humor to the training and make sure both you and your dog are having fun. If you are not, determine why and consider other options.
- Training a dog to sit/stay, down/stay, etc., is important in establishing your role as leader.
- Reading and understanding your dog's body language is an important part of his training.
- Be sure to give him lots of verbal and physical praise and affection when he properly completes a command.
- Reward even the slightest sign of effort your dog is making to meet your increasing expectations.
- Doggie treats can be used to reward good behavior during training sessions, but after the learning has taken place. Reward him only occasionally with treats while keeping the praise consistent.
- Consistency is essential in dog training - especially with commands and corrections.
- Use a quiet, steady voice with a firm "No!" to reprimand your dog, followed by a simple command like "Sit," then praise him with "Good Dog!" to reinforce the bond.
- Train once a day in a quiet area free from distractions. Limit each session to 5-10 minutes to keep it fun!
- Training needs to continue until the dog can listen and respond, even when he's distracted or excited.
- Train him in a busier environment only after your dog understands the command entirely. Realize that you may need to start from scratch, since dogs are situational learners.
- Watch your dog's progress and ensure he does his training "homework" each day. The typical time frame for training is a few months of weekly classes to several months - depending on your dog.
- If the dog has difficulties in any training situation, try again with lower stress situations, and build his exposure gradually. Always aim to keep it enjoyable at all times.
- Try to understand why your dog may be behaving badly. If he is barking, ask yourself why and address the cause. Investigate behavior such as defecating in the house, whining or chewing - it could stem from a medical problem he could be experiencing. Call your vet and arrange for a check-up.
- Dogs learn at different rates - depending on the breed, age, and aptitude of the individual dog. - from *Pedigree Care Guide*.

Wisconsin Women's Health Foundation
Rural Women's Health Programs

My Pet's Health Records

PET'S NAME _____

REG. NUMBER _____

BREED _____

MARKINGS _____

BIRTHDATE _____

OWNER _____

ADDRESS _____

CITY _____ ST _____

PHONE _____ ZIP _____

WISCONSIN WOMEN'S HEALTH FOUNDATION

Safe Spaces-Plush Pets Project

*Teaching children to care for their pets,
so they can better care for themselves.*

<http://rural.wwhf.org>

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Created In Memory of
"Bob" the Paul's beloved Cavalier King Charles Spaniel.

