



Training nurses to lead women's health education sessions in their communities.

Each year, 100 volunteer nurses reach over 1,500 women at hundreds of sessions across the state. Nurses complete annual trainings on Wisconsin Women's Health Foundation (WWHF) curricula developed with input from academic partners. Nurses then use the GrapeVine toolkits to provide free education sessions on women's health topics.



GrapeVine nurses gathered at the 2nd Annual Conference in Madison

Nurses educate women on:	Advance Care Planning	Bone Health	Breast Cancer
Breastfeeding	Diabetes Prevention	Gynecological Cancers	Healthy Aging Brain
Healthy Relationships	Heart Health	Mental Health	Oral Health

PROGRAM OUTCOMES:

- **76%** of women said they received new health information from GrapeVine sessions
- **71%** of women said they felt motivated to improve their health
- Women showed a 13% **knowledge increase of critical health topics** after attending GrapeVine sessions
 - All attendees were given a pre-session survey and a 4-week follow-up survey to measure general understanding of information taught in the sessions
 - On average, women scored 72% on post-tests compared to 59% on pre-tests



Testimonials from Women:

"I learned that I am an important part of my own health care. I can help prevent [chronic disease] by my own activities and behaviors."

"This session made me much more aware and helped me see how I can help others."

"Thanks for providing this opportunity! You do great programs with competent, experienced, compassionate personnel."

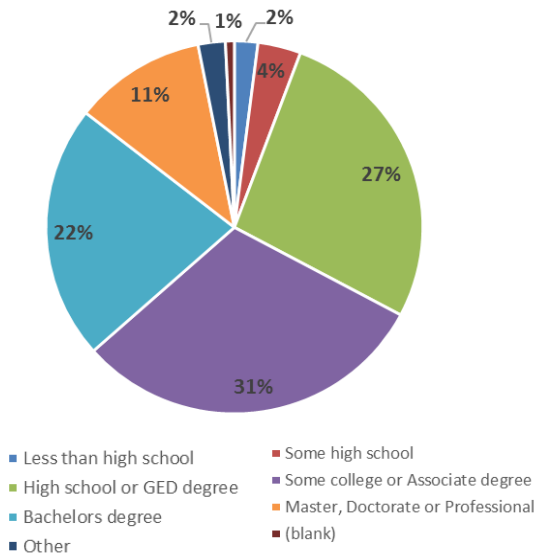
PARTICIPANTS:



(Oral health session in Brown County)

In 2016, **194** GrapeVine sessions were completed to serve **2,207 Wisconsin** women. Sessions were held at senior centers, churches, schools, libraries, clinics, restaurants, and more.

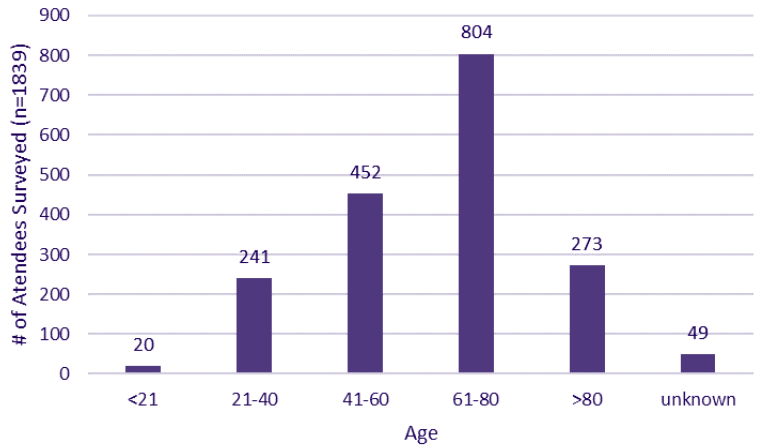
Participant Education



GrapeVine Topic	# of Sessions	# of Women Attending Sessions
Advance Care Planning	23	171
Bone Health	36	463
Breast Cancer	3	46
Breastfeeding	6	41
Diabetes Prevention	22	170
Gynecological Cancer	3	16
Healthy Aging Brain	22	401
Healthy Relationships	2	21
Heart Health	35	384
Mental Health	28	370
Oral Health	14	124

194 Sessions 2207 Women

Participant Age



FRIENDS OF GRAPEVINE:



GrapeVine would not be possible without the dedication of our volunteer partners, nurses, and organizations across the state. Thank you for sharing your time, expertise, and talents!